## Get ready, it's 5K run/walk time!

Join CARE for our first ever virtual family 5K run/walk\* for health and fitness, and to raise funds for Cass District CASS SCHOOL DISTRICT 63 63 Schools!

\* a virtual 5K is just like a traditional 5K - friendly competition, medals, dri-fit tee shirts, finish line selfies only you pick the route and what time to start!

Questions? Email us at care@cassd63.org

When? 10.10.2020

10.10.2020

Run/Walk your 5K any time you like!

Who? All Cass D63 students, faculty

and their families are invited to participate

Where? Run/Walk your 5K anywhere you like!

How? Go to: www.d63care.org/shop to register and get started.

## Registration & Fundraising



Race Registration - \$5 per participant\* \* each participant will receive a 5K run/walk medal

Race Day Dri-Fit tees - \$25 ea in youth and adult sizes Place Dri-Fit tee orders by Friday 09.18.2020 Go to: www.d63care.org/shop to order.